

# Treating Women's Health Dysfunctions with Osteopathy

## Institute for Continuing Education of Osteopathy in Ontario

*Maureen N. Maher, BA, DO(MP), DO(Qc), AOA, SPMPPO, CPMDQ*

*Osteopath Practitioner and Educator*

**This is a three part series on Women's Health issues and Osteopathy. If you work in a clinic that focuses on women's health, or are interested in helping your female patients resolve women's health complaints using manual therapy, this series is for you.**

### **Seminar 1 - Reproductive Health and Cranial Osteopathy and Infertility**

date: Sunday March 16<sup>th</sup>, 2014

time: 1pm - 5pm

location: 165 East Beaver Creek Road, Unit 10, Richmond Hill, On, L4B 2N2

- Overview of functional pelvic anatomy
- The Cranio-Sacral System and its implication in Women's Health
- Anatomy of the Cranio-Sacral system
- Biomechanics of the Pelvis
- Infertility syndrome patterns
- Cranial dysfunctional patterns in infertility
- Designing Cranio-Sacral protocols for Treating Infertility

### **Seminar 2 - Pre-Menstrual Syndrome, Post Natal Pelvic Dysfnctions, and Osteopathy**

date: Sunday April 13<sup>th</sup>, 2014

time: 1pm - 5pm

location: 165 East Beaver Creek Road, Unit 10, Richmond Hill, On, L4B 2N2

- Identifying Cranial & Pelvic pathologies related to Pre-Menstrual Syndrome
- Designing Cranio-Sacral protocols for Treating Pre-Menstrual Syndrome  
Post Natal Pelvic Dysfnctions
- Learning to identify patterns of myofascial decompensation during and after pregnancy
- Identifying & Treating cranio-pelvic dysfnctions
- Designing treatment Protocols

### **Seminar 3 - The Uro-Genital System, Women's Health & Osteopathy**

date: Sunday May 18<sup>th</sup>, 2014

time: 1pm - 5pm

location: 165 East Beaver Creek Road, Unit 10, Richmond Hill, On, L4B 2N2

- Identifying Thoraco-Lumbar dysfnctions & pelvic dysfnctions in recurring urinary track infections
- pelvic floor dysfnctions & Urinary incontinence
- learning to identify bladder & uterus positional dysfnctions related to UTIs

**Institute for Continuing Education of Osteopathy in Ontario**

**Tel: (647) 967- 6355**

**website: [www.ceosteopathy.webs.com](http://www.ceosteopathy.webs.com)**

**email: [osteomaureen@gmail.com](mailto:osteomaureen@gmail.com)**

- Identifying & treating Lower Gastro-Intestinal system dysfunctions

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**What you need to know about this series:**

- This is a three part series of half day seminars, offered on a monthly basis, for a total of 12 hours.
- Students are free to attend any one seminar in this series or can attend the entire series.
- Students will receive a workbook handout containing diagrams and treatment protocols for each seminar of the series.
- Students will receive a certificate of from the *Institute for Continuing Education of Osteopathy in Ontario* after completing the series.
- Previous knowledge of cranial osteopathy or cranio-sacral osteopathy is helpful for this series

**Registration Please mark and "X" next to the seminars you wish to register for:**

**Seminar 1 - Reproductive Health and Cranial Osteopathy**

date: TBD March , 2014 time: 1pm - 5pm

registration fee for this seminar: \$245

**Seminar 2 - Pre-Menstrual Syndrome, Post Natal Pelvic Dysfnctions, and Osteopathy**

date: TBD April , 2014 Time: 1pm - 5pm

registration fee for this seminar: \$245

**Seminar 3 - The Uro-Genital System, Women's Health & Osteopathy**

date: TBD May , 2014 time: 1pm - 5pm

registration fee for this seminar: \$245

**SERIES OF ALL THREE SEMINARS \$600** (must be paid in full by March 7<sup>th</sup> 2014)

NAME: (please print \_\_\_\_\_)

Mailing address: \_\_\_\_\_

email address: \_\_\_\_\_ telephone: \_\_\_\_\_

Location: FHL Body Mind Spirit Academy 165 East Beaver Creek Road, Unit 10, Richmond Hill, On, L4B 2N2

Registration must be two weeks prior to seminar date. (Please contact us directly if late registering).

Registration forms & cheques can be **mailed** to : Maureen N. Maher, 28 Marwill Street, North York, M3H 3L2 or scanned and sent to osteomaureen@gmail.com with **etransfer** payment to osteomaureen@gmail.com password: osteopathy or by **PayPal** .

Questions? Call us ! Tel. (647) 967 – 6355

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